

School Counseling Internship Clinical Skills Evaluation

Student: _____ Semester/Year: _____

Instructor: _____ Individual Supervisor: _____

For each of the following items, please indicate the degree to which the skill has been demonstrated. Level 3 is considered acceptable.

- 5 Highly developed: helpful, well-timed, and consistently well-performed
- 4 Well developed: helpful and well-timed when performed, not yet consistent or always smooth
- 3 Developed skills: usually helpful, demonstrates ability, but occasionally misses opportunities (Acceptable)
- 2 Continue practice: not yet helpful or well-timed, or no skill existent when it should be
- 1 Major adjustment needed: not implemented, not helpful or well-timed
- NO Not observed

Dispositions

- ___ 1. Understands and is sensitive to diversity related to race, class, gender, ethnicity, sexual orientation, language, religion, family, dis/ability, as these have emerged during course
- ___ 2. Demonstrates commitment to ensuring client success
- ___ 3. Communicates interest and acceptance of the client
- ___ 4. Is aware of personal issues (counter-transference/defensiveness) that might impact counseling
- ___ 5. Seeks, accepts, and uses constructive criticism and supervision to enhance self-development and counseling skills
- ___ 6. Recognizes own competencies and skills and shares these with peers and supervisors
- ___ 7. Recognizes own deficiencies and actively works to overcome them with peers and supervisors
- ___ 8. Is aware of own impact on others
- ___ 9. Listens carefully and communicates an understanding of others
- ___ 10. Uses interpersonal strengths appropriately, including humor and self-disclosure
- ___ 11. Demonstrates a personal commitment in developing interpersonal competencies
- ___ 12. Establishes appropriate professional relationships
- ___ 13. Behaves in an ethically appropriate manner
- ___ 14. Applies legal guidelines, professional codes of ethics, and knowledge of general professional standards

COMMENTS

Knowledge and Skills

- ___ 15. Is appropriate regarding the cultural context of the individual/group
- ___ 16. Considers culture/diversity in assessment and interventions
- ___ 17. Is able to recognize normative from problematic behavior
- ___ 18. Demonstrates ability to work effectively with clients who have exceptional needs (those with disabilities and those who are highly capable)
- ___ 19. Demonstrates ability to be appropriate regarding the developmental context of the individual/group.
- ___ 20. Considers developmental issues in assessment and interventions.
- ___ 21. When appropriate, assists with career development of clients; providing career information; assisting with interest and skill awareness
- ___ 22. Plans and uses individual counseling strategies for remedial, preventive, and developmental needs of clients
- ___ 23. Explains the nature and objectives of counseling
- ___ 24. Facilitates client expression of concerns and feelings
- ___ 25. Uses questions skillfully
- ___ 26. Uses reflections and restatements skillfully
- ___ 27. Recognizes and deals with positive and negative affect of the client
- ___ 28. Can deliver confrontations, challenges, and immediacy skillfully
- ___ 29. Can direct the session in a meaningful manner
- ___ 30. Identifies appropriate process goals
- ___ 31. Facilitates realistic goal setting with the client
- ___ 32. Encourages appropriate action-step planning with the client
- ___ 33. Initiates periodic evaluation of goals, action steps, and process during counseling
- ___ 34. Can demonstrate an appropriate use of affective interventions
- ___ 35. Can demonstrate an appropriate use of cognitive interventions
- ___ 36. Can demonstrate an appropriate use of behavioral interventions
- ___ 37. Can demonstrate an appropriate use of systemic interventions.
- ___ 38. Tracks the main issues presented by the client
- ___ 39. Is able to identify themes and patterns beyond the surface

- ___ 40. Is able to organize session data into meaningful frameworks
- ___ 41. Is able to consider the different components (cognitive, affective, behavioral, systemic) and sequences that make up and sustain problems
- ___ 42. Uses available case data to form accurate case conceptualization, clinical assessment, and/or diagnosis of mental and emotional status
- ___ 43. Explains, administers, and interprets tests and other assessment data
- ___ 44. Plans and uses group counseling strategies for remedial, preventative and developmental needs of clients
- ___ 45. Demonstrates effective group facilitation skills

For School Counseling Students [Evaluate all that have been completed]:

- ___ 46. Demonstrates skill in developing materials and classroom lessons to facilitate student developmental outcomes
- ___ 47. Demonstrates competence in providing academic and career information and advising
- ___ 48. Demonstrates ability to implement large group (classroom) guidance activities
- ___ 49. Demonstrates the ability to plan and implement small group activities
- ___ 50. Demonstrates the ability to plan and implement individual/crisis counseling

Overall Assessment: _____

MID-TERM or

FINAL

Comments relevant to areas of strength:

Comments relevant to areas of some weakness/inconsistency:

Student : _____ Date: _____

Faculty Supervisor: _____ Date: _____