

## Internship Clinical Skills Evaluation Form

Student: \_\_\_\_\_ Semester/Year: \_\_\_\_\_

Instructor: \_\_\_\_\_ Individual Supervisor: \_\_\_\_\_

For each of the following items, please indicate the degree to which the skill has been demonstrated. Level 3 is considered acceptable.

- 5 Highly developed: helpful, well-timed, and consistently well-performed
- 4 Well developed: helpful and well-timed when performed, not yet consistent or always smooth
- 3 Developed skills: usually helpful, demonstrates ability, but occasionally misses opportunities (Acceptable)
- 2 Continue practice: not yet helpful or well-timed, or no skill existent when it should be
- 1 Major adjustment needed: not implemented, not helpful or well-timed
- NO Not observed

### Dispositions

- \_\_\_ 1. Understands and is sensitive to diversity related to race, class, gender, ethnicity, sexual orientation, language, religion, family, dis/ability, as these have emerged during course
- \_\_\_ 2. Demonstrates commitment to ensuring client success
- \_\_\_ 3. Communicates interest and acceptance of the client
- \_\_\_ 4. Is aware of personal issues (counter-transference/defensiveness) that might impact counseling
- \_\_\_ 5. Seeks, accepts, and uses constructive criticism and supervision to enhance self-development and counseling skills
- \_\_\_ 6. Recognizes own competencies and skills and shares these with peers and supervisors
- \_\_\_ 7. Recognizes own deficiencies and actively works to overcome them with peers and supervisors
- \_\_\_ 8. Is aware of own impact on others
- \_\_\_ 9. Listens carefully and communicates an understanding of others
- \_\_\_ 10. Uses interpersonal strengths appropriately, including humor and self-disclosure
- \_\_\_ 11. Demonstrates a personal commitment in developing interpersonal competencies
- \_\_\_ 12. Establishes appropriate professional relationships
- \_\_\_ 13. Behaves in an ethically appropriate manner
- \_\_\_ 14. Applies legal guidelines, professional codes of ethics, and knowledge of general professional standards

COMMENTS

## Knowledge and Skills

- \_\_\_ 15. Is appropriate regarding the cultural context of the individual/group
- \_\_\_ 16. Considers culture/diversity in assessment and interventions
- \_\_\_ 17. Is able to recognize normative from problematic behavior
- \_\_\_ 18. Demonstrates ability to work effectively with clients who have exceptional needs (those with disabilities and those who are highly capable)
- \_\_\_ 19. Demonstrates ability to be appropriate regarding the developmental context of the individual/group.
- \_\_\_ 20. Considers developmental issues in assessment and interventions.
- \_\_\_ 21. When appropriate, assists with career development of clients; providing career information; assisting with interest and skill awareness
- \_\_\_ 22. Plans and uses individual counseling strategies for remedial, preventive, and developmental needs of clients
- \_\_\_ 23. Explains the nature and objectives of counseling
- \_\_\_ 24. Facilitates client expression of concerns and feelings
- \_\_\_ 25. Uses questions skillfully
- \_\_\_ 26. Uses reflections and restatements skillfully
- \_\_\_ 27. Recognizes and deals with positive and negative affect of the client
- \_\_\_ 28. Can deliver confrontations, challenges, and immediacy skillfully
- \_\_\_ 29. Can direct the session in a meaningful manner
- \_\_\_ 30. Identifies appropriate process goals
- \_\_\_ 31. Facilitates realistic goal setting with the client
- \_\_\_ 32. Encourages appropriate action-step planning with the client
- \_\_\_ 33. Initiates periodic evaluation of goals, action steps, and process during counseling
- \_\_\_ 34. Can demonstrate an appropriate use of affective interventions
- \_\_\_ 35. Can demonstrate an appropriate use of cognitive interventions
- \_\_\_ 36. Can demonstrate an appropriate use of behavioral interventions
- \_\_\_ 37. Can demonstrate an appropriate use of systemic interventions.
- \_\_\_ 38. Tracks the main issues presented by the client
- \_\_\_ 39. Is able to identify themes and patterns beyond the surface

- \_\_\_ 40. Is able to organize session data into meaningful frameworks
- \_\_\_ 41. Is able to consider the different components (cognitive, affective, behavioral, systemic) and sequences that make up and sustain problems
- \_\_\_ 42. Uses available case data to form accurate case conceptualization, clinical assessment, and/or diagnosis of mental and emotional status
- \_\_\_ 43. Explains, administers, and interprets tests and other assessment data
- \_\_\_ 44. Plans and uses group counseling strategies for remedial, preventative and developmental needs of clients
- \_\_\_ 45. Demonstrates effective group facilitation skills

**For School Counseling Students [Evaluate all that have been completed]:**

- \_\_\_ 46. Demonstrates skill in developing materials and classroom lessons to facilitate student developmental outcomes
- \_\_\_ 47. Demonstrates competence in providing academic and career information and advising
- \_\_\_ 48. Demonstrates ability to implement large group (classroom) guidance activities
- \_\_\_ 49. Demonstrates the ability to plan and implement small group activities
- \_\_\_ 50. Demonstrates the ability to plan and implement individual/crisis counseling

Overall Assessment: \_\_\_\_\_

MID-TERM or

FINAL

Comments relevant to areas of strength:

Comments relevant to areas of some weakness/inconsistency:

Student : \_\_\_\_\_ Date: \_\_\_\_\_

Instructor: \_\_\_\_\_ Date: \_\_\_\_\_