

Date: \_\_\_\_\_

**TO: Students in the Clinical Mental Health Counseling program**

The faculty reviews and updates on a regular basis the objectives for each program within the Department. Objectives reflect national standards and specific goals of the Department. Below is the current list of program objectives for the Clinical Mental Health Counseling program. In the spaces provided, please indicate the extent to which the objective was met by virtue of your experiences in the program. Objectives are written to reflect the knowledge and skills that graduates should be able to demonstrate. If you do not believe you possess this knowledge or skill, please indicate whether you perceive this to be a result of a deficit in the program. Thank you.

**NOTE: This is not intended to replace your feedback on all aspects of your experience in the Department. We conduct a comprehensive alumni survey every three years. You will be included in our next survey.**

### **Clinical Mental Health Counseling Program Objectives**

The overall goal for the **clinical mental health counseling program** is to produce counselors prepared to offer a broad range of mental health counseling and interventions designed to enhance the development of all clients and delivered in agency settings. In order to accomplish this goal, a set of more specific program objectives are as follows:

Graduates of the clinical mental health counseling program:

1. possess knowledge of the practical foundations of clinical mental health counseling including history, philosophy, and trends and how this influences the ethical and legal considerations specifically related to the practice of clinical mental health counseling;

**Program Didn't Meet  
Objective Objective At All**

1

2

3

4

**Program Met  
At High Level**

5

2. possess knowledge of the roles, functions, and skill required of a clinical mental health counselor in various practice settings as well as the etiology, treatment of and referral process for clients;

**Program Didn't Meet  
Objective Objective At All**

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**Program Met  
At High Level**

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- evidence a demonstrated understanding of the importance of relationships between counselors and other professionals, including interdisciplinary treatment teams and the therapeutic value of community engagement and outreach;

**Program Didn't Meet Objective**  
**Objective At All**

**Program Met At High Level**

1                      2                      3                      4                      5

- Demonstrate understanding and commitment to being involved in professional organizations, values preparation standards, and credentials relevant to the practice of clinical mental health counseling;

**Program Didn't Meet Objective**  
**Objective At All**

**Program Met At High Level**

1                      2                      3                      4                      5

- possess knowledge of prevention and intervention strategies on behalf of the client. This includes a variety of models and theories related to clinical mental health counseling and an understanding of the impact of crises, disasters, and other trauma-causing events on people;

**Program Didn't Meet Objective**  
**Objective At All**

**Program Met At High Level**

1                      2                      3                      4                      5

- possess knowledge of methods for assessing mental health status, including an ability to utilize the diagnostic process, including differential diagnosis and the use of current diagnostic classification systems such as the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the International Classification of Diseases (ICD);

**Program Didn't Meet Objective**  
**Objective At All**

**Program Met At High Level**

1                      2                      3                      4                      5

- possess knowledge and understanding of practice and management issues such as record keeping and third party reimbursement;

**Program Didn't Meet Objective**  
**Objective At All**

**Program Met At High Level**

1                      2                      3                      4                      5

8. possess knowledge, awareness, and skills requisite for counseling persons from different cultural contexts and of different levels of ability; have demonstrated a respect for individual differences and an ability to assist persons in ways that are both culturally sensitive and enhancing;

**Program Didn't Meet  
Objective Objective At All**

**Program Met  
At High Level**

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9. Possess the requisite skills for advocacy for profession, agency, and clients within public policy and governmental venues; possess skills to advocate for the counseling profession;

**Program Didn't Meet  
Objective Objective At All**

**Program Met  
At High Level**

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10. have demonstrated ability to use a variety of techniques and interventions for wellness, prevention, and treatment of a broad range of mental health issues.

**Program Didn't Meet  
Objective Objective At All**

**Program Met  
At High Level**

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**Additional comments:**