

SYRACUSE UNIVERSITY
Counseling and Human Services

Counseling Interview Rating Form

Adapted from: Borders, L.D., & Leddick, G.R. (1987), *Handbook of counseling supervision*. Alexandria, VA: Association for Counselor Educators and Supervisors.

Counselor: _____

Date: _____

Supervisor/Rater: _____

Specific Criteria	Rating (highest to lowest)	Remarks
<p>1. OPENING: Was counselor unstructured, friendly, and pleasant? Any role definition needed? Any introduction necessary? Discussion of confidentiality (if applicable)?</p>	5 4 3 2 1	
<p>2. RAPPORT: Did counselor establish good rapport with client? Was the stage set for a productive interview?</p>	5 4 3 2 1	
<p>3. INTERVIEW FOCUS: Did the counselor appear intentional and purposeful, or did the interview's focus appear diffuse and unclear? Were goals defined?</p>	5 4 3 2 1	
<p>4. INTERACTION: Were the client and counselor really communicating in a meaningful manner?</p>	5 4 3 2 1	
<p>5. ACCEPTANCE/PERMISSIVENESS: Was the counselor accepting and permissive of client emotions, feelings, and expressed thoughts?</p>	5 4 3 2 1	
<p>6. REFLECTION OF FEELINGS: Did counselor reflect and react to feelings or did interview remain on an intellectual level?</p>	5 4 3 2 1	
<p>7. COUNSELOR RESPONSES: Were counselor responses appropriate in view of what the client was expressing? Were meaningful questions asked?</p>	5 4 3 2 1	
<p>8. VALUE MANAGEMENT: How did the counselor cope with values and/or biases he/she may have possessed? Were attempts made to impose counselor values during the interview?</p>	5 4 3 2 1	
<p>9. COUNSELING RELATIONSHIP: Was counselor-client relationship conducive to productive counseling? Was a counseling relationship established?</p>	5 4 3 2 1	

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10. CLOSING:

5 4 3 2 1

Was closing counselor or client initiated? Was it abrupt or brusque? Any follow-up or further interviewing scheduling accomplished?

ADDITIONAL CONSIDERATIONS:

- ❖ Duration of interview: Was the interview too long or too short? Should interview have been terminated earlier or later?

- ❖ Vocabulary level: Was counselor vocabulary appropriate for the client?

- ❖ Verbosity: Did the counselor dominate the interview, interrupt, override, or become too wordy?

- ❖ Silences: Were silences broken to meet counselor needs or were they dealt with in an effective manner?

COMMENTS: