Counseling and Human Services

School Counseling Internship
Suggested Activities and Experiences

The 600-hour school counseling internship is a capstone course intended to provide students with broad-based practical experience related to school counseling. Within this context, students take on the roles and responsibilities of implementing a comprehensive, developmental school counseling program. Although these activities involve both direct and indirect services, all have the potential to facilitate the academic, social, and career development of students in K-12 settings. Therefore, the following alphabetized list provides suggested areas and activities for school counseling student involvement during internship. The list is meant to be instructive, rather than being prescriptive. However, students are encouraged to be proactive in gaining exposure to as many of these experiences as possible. Site supervisors and co-counselors can be helpful to you gaining access and exposure to the activities and experiences.

- Advocate for policy revision or procedural amendment related to equity & access or another student-related issue (date)
- Assist student and/or family in completion of documentation (i.e., FAFSA, Child Health Plus, Free & Reduced Lunch form) (date)
- Attend an annual or triennial review of student’s IEP (date)
- Attend a building-level faculty meeting (date)
- Attend a Committee on Special Education (CSE) meeting (date)
- Attend a school board and/or advisory council meeting (date)
- Attend extra-curricular event (i.e., play, concert, dance, game, match) (date)
- Collaborate with teacher(s) on a curricular lesson or unit (date)
- Collect, interpret, and communicate data related to school counseling (date)
- Conduct a parent meeting (with or without student) (date)
- Consult with community agency (i.e., police, religious or youth center) (date)
- Contribute to/ within administrative meeting (date)
- Create form, letter, or other communication related to student services (date)
- Deliver a presentation to teachers, parents, or other group (date)
- Familiarize self with form of technology & implement with student (i.e., computer assisted guidance, software system, scheduling program) (date)
• Follow a referral to Site Based Intervention Team (SBIT), Pupil Personnel Services (PPS), or similar support committee (date)

• Implement a large group or classroom guidance lesson (date)

• Interpret assessment(s) to student/ parent (date)

• Join another staff member on a home visit (date)

• Make a referral to outside agency or private practitioner (date)

• Observe a district-wide counselor meeting/ in-service (date)

• Observe a transition meeting (i.e., VESID) (date)

• Observe students in various school settings (i.e., classroom, cafeteria, physical education, hallways, after school activities) (date)

• Organize or participate in a field trip (date)

• Organize a school-wide program or effort (i.e., club, character ed.) (date)

• Participate in a 504 meeting (date)

• Participate in a teacher/ team meeting (date)

• Place a referral to Child Protective Services (CPS) (date)

• Produce a formal document related to CDSCP implementation (date)

• Provide input into workshop or professional development initiative (date)

• Request a signed release of information (i.e., medical or mental health practitioner) (date)

• Review an Individualized Education Plan (IEP) (date)

• Take part in new student orientation/ tour/ enrollment (date)

• Visit the In-School Suspension (ISS) Room or program (date)

• Write a letter of recommendation or reference for student (i.e., award, college, summer camp, job) (date)

• Write article for school newspaper, counseling newsletter, or website (date)